

ABOUT OUR TOUR to SOUTH AFRICA

I can't wait to share the beauty and spirit of South Africa with you! Prepare to immerse yourself in breathtaking scenery, rich traditions, and unforgettable moments as we journey through some of the country's most iconic destinations.

South Africa and Cape Town – one of the most beautiful cities in the world.

Dramatic mountains and sandy beaches are lying in the shadow of one of the Seven Natural Wonders of the World, Table Mountain, Cape Town offers spectacular scenery, diverse cultures, great food and wine and a thriving arts and design scene.

- **Table Mountain – enjoy a scenic hike or take the cable car to the top and take in the dramatic views.**
- **Robben Island – visit the cell where Nobel Peace Prize Winner and the first democratically elected President, Nelson Mandela, was imprisoned for decades.**

South Africa - 2900\$ (including taxes and gratitute your guide)

ncluded in the Price:

- **Accommodation throughout the entire route (double occupancy)**
- **Transportation for the entire duration of the tour**
- **Spa treatment on the day of arrival, yoga and meditation sessions by the ocean or at a winery**
- **Wine tastings at wineries in Stellenbosch, wine education, exploration of local winemaking traditions, meetings with winemakers, and visits to cellars and production facilities**
- **All necessary permits and entry fees for protected natural areas**
- **Safari experience in a nature reserve near Cape Town**
- **Entry tickets to all paid attractions listed in the itinerary**
- **Full support and guidance from your private tour guide and sommelier throughout the journey**

✗ Not Included in the Price:

- Flights from your city to Cape Town and back (Please make sure to learn if you need visa or not to enter the country. Travel With Women Tours organizer cannot be responsible for the entrance to the country. However, we are happy to assist you with finding the information regarding the board transfer)
- Travel insurance
- Meals at cafés and restaurants (approximately \$40 per day)

Day 1 – Welcome to Cape Town

Arrive in Cape Town — a breathtaking city where rugged mountains meet the turquoise waters of the Atlantic, and vibrant culture blends with natural beauty. Situated at the very tip of Africa, Cape Town offers the perfect starting point for our unforgettable journey.

After meeting YOU at the Airport, we'll check into our beautiful hotel with views of the ocean and surrounding peaks. I will stay at the same hotel with you to take care of any questions you have 24/7.

SPECIAL TREATMENT FOR YOU!

To help you unwind after the long flight, I have arranged a **special spa experience for all the women in our group**. This time is just for you — to relax, reset, and fully arrive in the moment. This is exactly what your body needs after a long flight.

You'll have lunch at the time you are ready after your flight. Our hotel will offer a restaurant in the lobby. No rush, no specific timing, just joy and time for acclimatization, settling in your hotel.

As evening falls, we'll take a peaceful walk along the waterfront, followed by dinner by the sea, where we can watch the most beautiful sunset ever. With music, laughter, and the sound of waves in the background, we'll begin this adventure as women traveling together — rested, grounded, and inspired.

Day 2 - Exploring Cape Town: Table Mountain, Historic Center & Waterfront

On our first full day together, we'll dive into the rich history and vibrant culture of Cape Town. The day begins with a cable car ride up the iconic Table Mountain,

We 🚶 Skip the Line because prepared Fast-Track Tickets for you.

We spend a couple of hours on the top followed by a scenic walk along the flat summit, with stops at breathtaking viewpoints perfect for photos, snacks and coffee.

Next, we'll explore the historic heart of the city — strolling through the Company's Garden, discovering the Malay Quarter (Bo-Kaap) with its colorful houses, and learning about key moments in South Africa's past as we admire important architectural landmarks.

We'll stop for a delicious lunch in the city center, and later enjoy a leisurely walk along the lively V&A Waterfront, getting a taste of modern Cape Town.

We'll enjoy the last rays of the setting sun and then head down for dinner at one of the seaside restaurants.

Day 3 - 4 Stellenbosch Wine Escape

Exploring Rich Wine Region of South Africa. Gorgeous Vinyards, outstanding wine tasting, meeting winemakers and learn a lot about local wine visiting cellars and behind the scenes

2 Days & 2 Nights of Wine, Wellness & Wonder
For Women Who Love Wine and Beautiful Experiences

Get ready for an unforgettable **2-day journey through the heart of South Africa's most iconic wine region — Stellenbosch**. Surrounded by sun-drenched vineyards and majestic mountains, we'll dive deep into the world of fine wine, slow living, and soul-soothing experiences.

Visit **6–8 handpicked wineries** known for their exceptional varietals and unique character - I visited all wineries by myself, I studied wine and worked in this Industry including South African Wineries, and graduating the school of WSET 3 here.

- Enjoy **guided tastings, blind tastings**, and exclusive insights into the region's terroir, climate, and winemaking traditions
- Ride through the vineyards on a **fun-filled tractor tour**, sipping wines as we soak in the panoramic views
- Go behind the scenes with a **cellar and production tour**, and meet a **local winemaker** who will share their craft and passion
- Indulge in **delicious local cuisine**, perfectly paired with world-class wines
- Explore the **natural beauty and charm** of Stellenbosch — one of the most scenic regions in the country

Where We Stay

We'll spend **2 nights at a luxurious guesthouse** nestled on a working wine estate. Think: elegant rooms, serene views, and a **crystal-clear pool** where you can unwind between tastings.

More Than Just Wine...

This tour is designed for **rest, reconnection, and inspiration**. You'll have time for yourself, time to bond with like-minded women, and even enjoy a **peaceful yoga**

session led by a wonderful instructor, specially chosen to guide you into deep relaxation.

Day 5 – Ocean Giants & The Edge of a Continent

Our morning begins with a truly special experience — a marine safari in the open waters near Hermanus, a region world-famous for whale sightings. With a bit of luck, we may witness these gentle giants gliding past us at incredibly close range, offering a rare and humbling moment in nature.

After our time at sea, we'll enjoy a hearty breakfast on a rustic countryside estate, soaking in the tranquil surroundings as we continue toward our next destination — Cape Agulhas, the symbolic meeting point of two great oceans.

At this iconic landmark — the southernmost tip of Africa — we'll take time to walk along dramatic coastal trails, feel the wind where the Atlantic and Indian Oceans converge, and visit a beautifully preserved lighthouse that has watched over these waters for generations.

We stay here for one night.

Day 6 – Safari – BIG 5

In the morning adventure is waiting for us, we are going to Safari to meet 5 main animals.

Today brings us face to face with the wild heart of Africa. We'll set out on an exciting safari in a private game reserve not far from Cape Town, where vast open landscapes provide a natural home to some of the continent's most legendary animals.

Get ready for the thrill of spotting the iconic **Big Five** — lion, leopard, elephant, rhino, and buffalo — along with graceful giraffes, striking zebras, and many other incredible species roaming freely in their habitat.

After a few exhilarating hours on the game drive, we'll unwind at a beautiful safari lodge. Enjoy a delicious lunch, take a dip in the pool, and soak in the serene surroundings before we make our way back to the city, filled with stories and memories from the wild.

Day 7 – A Day Just for You

After days filled with adventure, wildlife, and breathtaking landscapes, today is your time to simply unwind and enjoy the city at your own pace.

Stroll through charming streets, browse for unique souvenirs, sip coffee in a cozy café, or just relax and take in the local atmosphere. Whether you prefer a bit of quiet reflection, a leisurely walk, or a touch of retail therapy, this free day is all about you — your rhythm, your joy, your well-deserved me-time.

Let the city surprise you in its own gentle way.

We recommend to pack your luggage TODAY, BECAUSE TOMORROW we have exciting final day full of adventure !

Day 8 - Noordhoek Beach,

The Cape Peninsula & Penguin Paradise

Today we journey along one of the most breathtaking coastal drives in the world — **Chapman's Peak Drive**. With every curve offering panoramic views of cliffs plunging into the sea, it's the kind of road that makes you stop, stare, and truly feel the magic of the Cape.

Today we venture to the stunning coastal area of **Noordhoek**, a hidden gem where nature shows off its most dazzling palette. Here, **powdery white sands** stretch for miles, and the ocean glows in shades so vivid, they almost seem unreal.

We'll explore this spectacular shoreline dotted with **secluded coves, windswept lighthouses, and dramatic rock formations** that carve the coast into something truly unforgettable. It's a place where wide-open beaches meet peaceful bays — perfect for reflection, photography, or simply taking it all in.

A day of pure visual poetry by the sea.

Our next destination is the legendary **Cape of Good Hope**, the dramatic, wind-swept tip of the peninsula where the ocean roars against rugged cliffs. As we hike up to the historic lighthouse, we'll be rewarded with sweeping views over the meeting point of land and sea — a place steeped in myth, maritime history, and raw natural beauty. For those who crave more, a hidden path leads us to a second, lesser-known lighthouse with equally stunning views.

We'll then descend to the famous **Cape of Good Hope sign**, where we'll capture those classic "edge of the world" photos before heading to one of the day's most heartwarming highlights: a **secluded beach home to a colony of African penguins**. Far from the crowds, this peaceful cove lets you observe and photograph these charming creatures up close — a moment of joy and wonder.

If we are lucky we will meet Wild Ostrich at one of the beaches. And if have enough time will visit unique hidden gem – Misty Beach – love of all serfers.

In the very last evening I invite you, girls, to the most scenic roof tops of Cape town for the dinner and glass of wine

Day 9 – Departure Day

Our incredible journey comes to a close today, but the memories we've created will stay with us for a long time. And we will come back home with the contacts of new girlfriends.

We'll start the day with a relaxed breakfast at the hotel, followed by a **late check-out** for your comfort. As always, we'll make sure everyone gets to the airport on time for their flights.

If you have a **late evening departure**, no need to worry — we'll store your luggage safely at the hotel and enjoy a few final city strolls together before heading to the airport. It's the perfect way to gently wrap up our South African adventure.

But if you have time and feel like extending your journey, you're welcome to continue your vacation at one of the beautiful resorts near Cape Town.